

Saturday Breakfast Team Instructions

Every Saturday, 52 weeks a year, Old First Reformed Church organizes a Saturday Breakfast and Clothing Cupboard for those in need, which provides a hot breakfast to 60 guests, plus toiletries and clothing. Thank you for your interest in volunteering to cook a Saturday Breakfast at Old First Church!

What you need to know:

- Currently, we ask breakfast teams to create a to-go breakfast for 60 guests. We recommend a group of at least 3-4 people to cook and pack the breakfast.
- Your group will buy all the groceries including food for your breakfast, milk for the coffee, condiments needed and the necessary to-go containers and utensils (i.e. foil, brown paper bags or plastic containers, utensils, napkins).
- The meal can be prepared in Old First's kitchen, or it can be prepared ahead of time and brought to the church to be reheated and packed. Feel free to get creative! If you need ideas, don't hesitate to contact us.
- For the breakfast packs, we recommend the following:
 - A hot main dish (breakfast sandwiches are a favorite as they are easy to-go options),
 - a fruit;
 - a snack (granola bar, pastry, etc);
 - a single serve bottle or box of water or juice; and
 - A napkin and any necessary utensils.
- Old First will provide coffee and sugar.
- Please also bring at least ½ gallon of whole milk to serve with the coffee.
- An Old First Host will be on-site managing the day – if you have any questions, please ask them, they are there to support! Additional volunteers are also onsite to set up and run the clothing cupboard.
- Breakfast to-go packs should be ready by 8:45am.

Breakfast Schedule

7:30am: Doors open for Breakfast Teams to set up and use the kitchen.

7:30am: Sixty (60) Tickets are distributed by a volunteer to guests waiting outside. Additional volunteers set up the clothing cupboard during this time, while the breakfast teams prepare the meal.

7:30am: coffee is started by a volunteer in Old First's coffee urns.

8:45am: breakfast is ready and all volunteers have a quick meeting to discuss the process, assign roles and begin the service.

9:00am: the doors are open for guests to come in, get their breakfast and coffee, and select items from the clothing cupboard.

10:00am: the doors close – clean up in the kitchen has usually already started or been completed; and the clothing cupboard is cleaned up. Any leftover breakfast items can be distributed amongst the volunteers or handed out to guests in the Church yard.

10:30am: Clean up is usually completed and volunteers leave by 10:30am.

House Rules

- No pork products should be used.
- No alcohol should be used or served.
- If cooking on site, the Breakfast team is expected to leave a clean kitchen: Wash, dry and put away all kitchen items used; Clear off and wipe down all countertops and stove/ovens; Take all leftovers and extra supplies. (Other Volunteers will clean up the clothing cupboard).
- Please wash your hands and wear the kitchen gloves provided when preparing and handling food.
- All volunteers must be 14 years or older and feeling well. If you are not feeling well or have any symptoms of COVID, please stay home.
- No smoking or vaping in the building.
- Love First!



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